

# MOVEMBER 2023

In November, the Dalhousie Commerce Society dedicated its efforts to fundraising for Movember. Annually, our team advocates and collects funds for men's mental health issues, encompassing prostate cancer, testicular cancer, and mental health. Under the leadership of VP External, Isabel Talmage, and with valuable assistance from Movember Representatives Carl Radomsky and Meredith Zimakas, our team organized various events and urged the student community to join our Movember team by creating an account, contributing to the cause, and attending events.

## Top Individual Fundrasiers :

1. Alessia Price	\$2,850
2. Carl Radomsky	\$ 970
3. Kellyn Golding	\$ 715
4. Taylor Williamson	\$ 705
5. Stephanie Wooden	\$ 605
6. Isabel Talmage	\$ 600
7. Max Barrow	\$ 570
8. Mark Howatt	\$ 565
9. Aidan Diab.	\$560
10. Hannah Richmond	\$ 530

## Top Umbrella Society Teams:

1. WIBA x Rugby Team 2  
\$5,404.00
2. Dalhousie Commerce Society  
\$ 4,684.00
3. WIBA x Rugby Team 1  
\$ 3,335.00
4. Dalhousie Investment Society  
\$ 1,940.00
5. Rowe Marketing Association  
\$ 480
6. Dal Chain  
\$437,00
7. Dalhousie Sales Society  
\$ 140.00



## \$18,072 Raised !

In November, the Dalhousie Commerce Society celebrated a remarkable achievement, raising an impressive \$18,072 through the combined efforts of our dedicated team members, supportive umbrella societies, and successful Commerce events. We extend our heartfelt thanks to everyone who contributed to our fundraising page, emphasizing that every dollar raised is a significant investment in the critical causes of men's mental health, prostate cancer, and testicular cancer. Your generosity not only reflects financial support but also symbolizes a shared commitment to making a meaningful impact. These funds will go towards essential research, awareness campaigns, and programs aimed at improving the lives of those affected. As we express our gratitude for this successful campaign, we emphasize the ongoing importance of your support in our future initiatives, ensuring a lasting impact on these vital issues.

## OUR MOVEMBER TEAM



### A Word Our From VP External - Isabel Talmage

I'm sincerely grateful to have played a role in the Movember team this year, contributing to our collective success in raising over \$18,000 for both physical and mental health—exceeding last year's total by \$5,000. The month was filled with thrilling events that not only brought our student body together but also made a significant impact on a vital cause. The incredible support from our partners and fellow students has been inspiring, and I want to emphasize the importance of these donations. A heartfelt thank you to everyone involved. I'm eagerly looking forward to the positive impact we'll continue to make in the coming years.

### Fundraising Events Hosted:

**Movember Kick Off Rugby Game**

**Boy Band Spin Class**

**Apres Ski**

**Dodgeball Tournament**

**Movember Karoke**

**Movember Gala**

### A Word From Our Movember Captains

Thank you to everyone who supported Movember this year. We are so grateful to be a part of this fantastic team and help fundraise. With over \$15,000 raised, our goal of raising awareness for men's health was an absolute success! We are so proud of this year's turn out and can't wait for next year. Mo on!

-Carl

I am extremely proud and inspired by this year's Movember success. It was an immense privilege to be a part of this team and I want to extend a huge thank you to everyone involved in such an important cause. I can't wait to see what next year brings!

- Meredith



**Carl Radomsky**



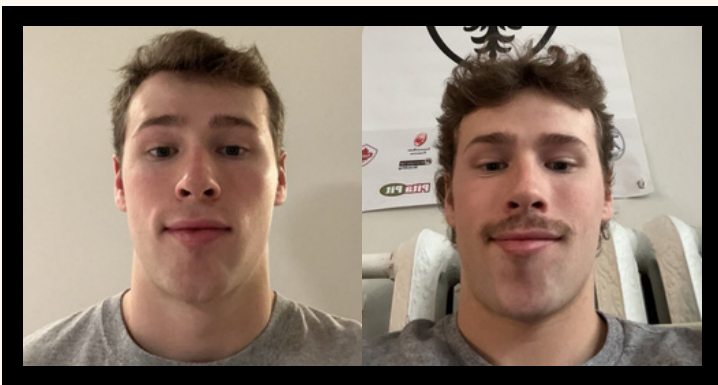
**Meredith Zimakas**

# BEFORE AND AFTER MOVEMBER MO'S

**Carl Randonsky - Movember Captin**



**George Legge - Dal Rugby**



**Pat Spiteri - Dal Rugby**

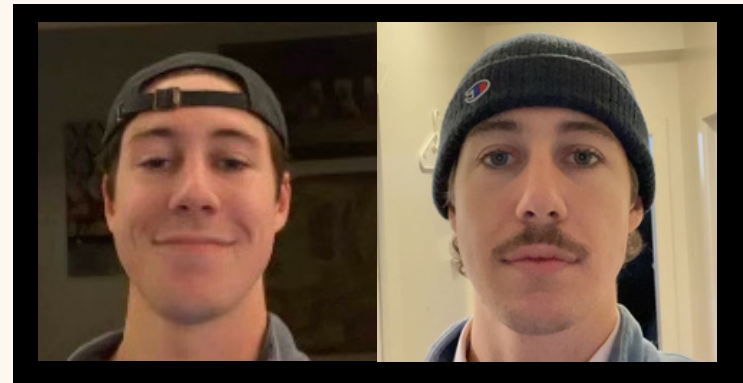


**Congratulations to Jack Stevens who won the "Best Mo" Award!**

**Kieran Stevenson - DCS Grad Chair**



**Liam Wood - DCS Grad Chair**



**Harry Thorpe -Dal Rugby**



